



This Week In

Woo-hoo! Bring On The Fashion Fun, Party Season's Here! Ibet your WhatsApp's going crazy just like mine right about... NOW! Which is why we're all about keeping you looking party gorgeous all night long. I've spotted the perfect Miss Selfridge heels and Zara boho dress on p75 – now all I need is a glass of fizz. Party on, ladies!

If you have an iPhone or iPad, Look is available to download – search for Look magazine in the App Store.

7 December 2015

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Who's That Girl?

Ali Tate, 24, was a finalist in our *Look* Curvy Model Competition and is now our cover star! See, dreams *can* come true

'I had no idea that entering *Look*'s competition would change my life. Previously, I'd never considered modelling; I always felt insecure about my body. But getting to the final really boosted my confidence. I quit my old job and began to focus on my career -and now I feel happy and secure about the way I look, plus I've worked with some of the world's best-known brands and photographers, and even done a nude shoot with Rankin. I really have Look to thank for that. I have always appreciated that Look features women of all sizes, so I'm honoured to be on the cover. It's a proud moment!'



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Genius Tricks To Help Your Make-Up Last Longer

Go from desk to bar and beyond! Our tried-and-tested beauty hacks will keep your make-up looking flawless 24/7



15 Signs You're Already In The Christmas Spirit

From humming Santa Baby to watching six festive films back to back, how do you fare on our Christmassy scale?

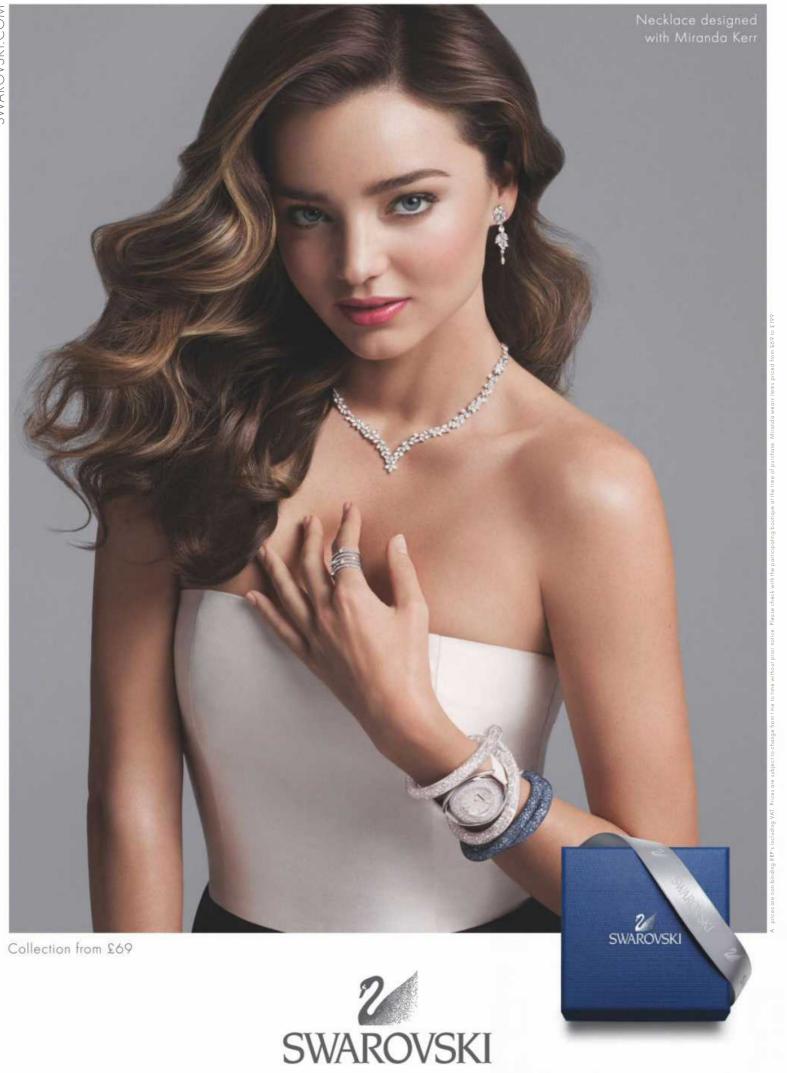


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Lucy Felton Head Of Fashion



Gemma News Editor



Chloe Jackson Fashion Editor





Hannah Banks-Walker Fashion News



Bridie Wilkins Junior Fashion , News Assistant









Iv New Shoe Secret

I've just discovered Lost Ink – one of the latest labels to hit ASOS - and their seriously good footwear selection. These rose-gold sling-back flats are way more directional than you'd expect for the £38 price tag, and will work with pretty much everything in my wardrobe. Plus, they'll see me right through to next season. I'd call that a pretty savvy investment.

Moxme



Gabriele Frantzen's **Watch Candy**

If you're wondering what watch candy is, it's how designer Gabriele Frantzen describes her signature designs – sporty straps decorated with Swarovski crystal clusters. Perfect if you're looking for something a little different to accessorise your look this party season.

Hamah

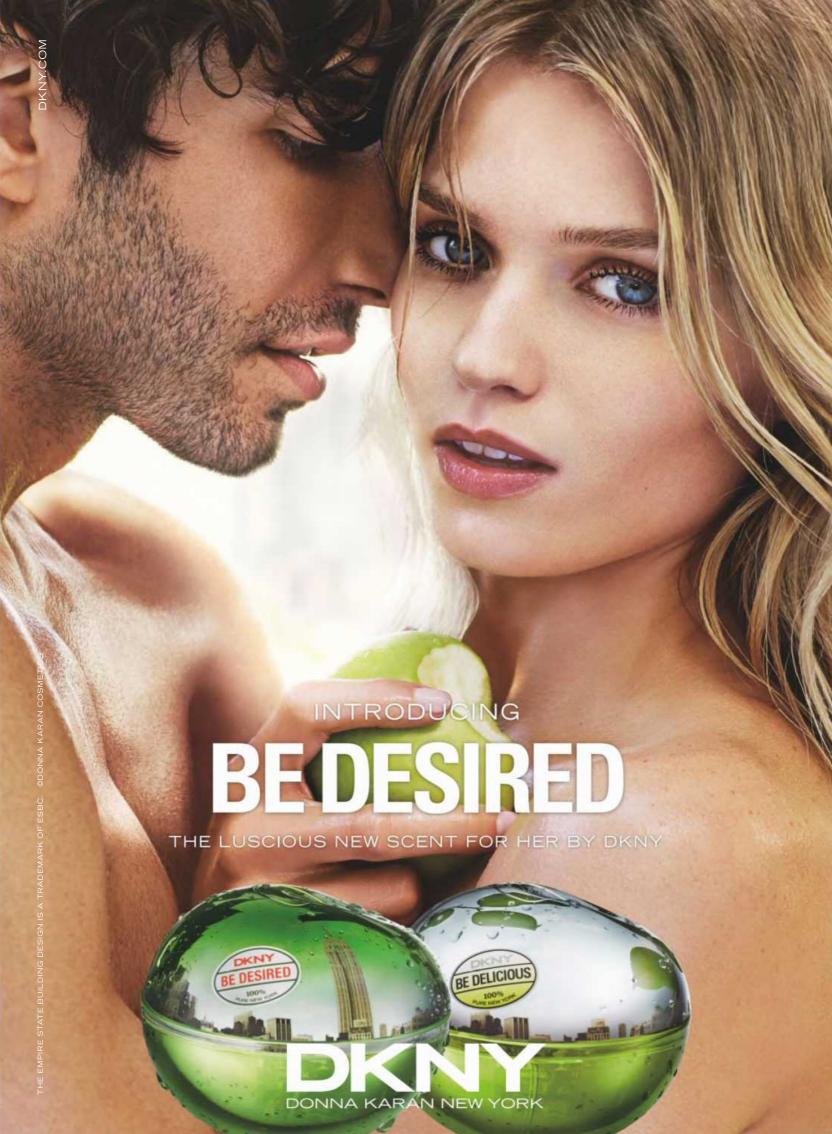
Here's what's rocking the fashion team's radars this week. Show us your shopping haul on Twitter@lookmagazine...



The Coat Of The Season

Suede and sheepskin are the textures of AW15, and generally they don't come cheap. But at under £200, Oasis's tan coat is way more purse-friendly than some offerings – and every bit as luxe. I'll be wearing mine all winter with denim flares and patent snakeskin boots. Lucy





Twe!





Topshop's Showstopping Frock I'm a sucker for hot pink and Topshop Boutique's supershiny

Bardot number is everything I've been wishing for this festive season. I'll be going all out and pairing it with a pale pink feather clutch and matching shoes, but it would look fab with chic black courts and a biker jacket, too.

Bridie



The Vegan It Bar Vegan or not, you need to know about this brand.

Matt & Nat's stylish 100 per cent vegan bags are selling fast. Specialising in luxe styles created from eco-friendly materials, they look just as good as leather and cost a lot less. The gorgeous two-tone 'Rubicon' is the perfect cross body, and with many a fashion editor's seal of approval, I predict it'll fly off the shelves

Chloe

FOR STOCKISTS, GO TO LOOK.CO.UK/STOCKISTS



DAISY MARC JACOBS



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Coat, £150 Sweater, £55

Bag, £59.50

Shirt (just seen), £55 Jeans, £59.50 Shoes, £85

all Banana Republic

dressing,' explains Look's Head

of Fashion Content, Lucy Felton.

'It's all in how you style these souped-up basics – see the

blazer, jeans and striped shirt

combo for instant inspo?

Jacket £150



Warehouse's **Botanical Drop**

Florals are a year-round wardrobe winner, and Warehouse has come up with such a standout new botanical print, it's created a whole capsule collection around it. As well as this beautiful frock, there's a silk blouse, a T-shirt dress, a shorter shift and a T-shirt in the small but perfectly formed range. The black background keeps the pretty blooms cold-weather friendly.







Ted Baker's Spring-Ready Hits Let Ted Baker inject some early sunshine into your look with statement patterns and

prints that are guaranteed to pep up any outfit. Look's Senior Fashion News Writer Maxine Eggenberger is already hand-selecting her picks for upcoming weddings: 'This collection is my go-to for all those springtime weddings I have packed into my 2016 diary, 'she says.

LOOK What's New



Zara's Retro Cool

First up, let's talk about that silky embroidered bomber. These cover-ups are going to be huge come spring 2016 after designers such as Gucci, Saint Laurent and Markus Lupfer sent them down the runway. So believe us when we say it's worth investing in one early. Then there's slinky midi skirts, swinging 60s prints on cute pinafores and chunky knits that will slot seamlessly into your existing wardrobe.



French Connection's Casual Classics

From skate shoes to cardigans and a backpack that would make Cara D green with envy, French Connection has all your off-duty needs covered, and *Look*'s Fashion Stylist Kate Andrews is hooked. 'I'll be rocking the chevron cardigan, oxblood skirt and sneaks together for a preppy vibe, 'she says.





"when looking to nail best dressed...

fringe

I always consider the

factor.

Essie

My "luxeffects" were designed to dazzle! So brush on some brilliance and add a glamorous glimmer to your next mani.

d to ance o

new luxeffects collection 2015



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fashion flares

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fringe factor

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Thomas Sabo

CHARM UP YOUR LIFE



The SUPER SCARF How Big Will You Go?

Our staple winter warmer has gone XL, with style mavens everywhere wrapping up in some seriously oversized scarves. Time to choose your tribe...



OVERSIZED? COUNT ME IN

says Amy de Klerk, Junior Fashion News Assistant

'Although I love the look of a jumbo scarf, my petite frame means I'll be sticking to an "ever-so slightly oversized" style so it doesn't completely drown me. Zara's one comes in four colours.'



TAKE IT UP A NOTCH savs

Sarah Barlow, Fashion Assistant

'I'm all about wrapping up in winter, so I'll be taking my cue from the street-style set, who are currently crushing on super-chic mega scarves. Wind it around a couple of times for maximum impact.'



RIVER

Huge!

IT'S A WHOPPER!

says Maxine Eggenberger, Senior Fashion News Writer

'If my eyes aren't only just peering out over the top of my scarf, I'm not interested. This winter, the bigger, the better for me. Make sure yours is extra chunky and super-long to totally nail the look. Maybe give the red lipstick a miss.'

Light-Lining: The Genius Make-Up Trick Celebs Love

You can erase ALL evidence of a late night thanks to this new beauty trend



bottle of wine with your bestie, an impending deadline, or was it just a Netflix binge that went too far? Whatever is keeping you up all night, no one need know thanks to a new trick called light-lining.

Yep, you heard it here first – light-lining just happens to be *the* go-to technique for make-up artists as it's guaranteed to erase all signs of fatigue. And the best bit? It's simple to recreate.

All you need is an eyeliner (preferably lighter than your skin tone) with a metallic finish. You

then trace the waterline of your eyes with the glossy-finish pencil, and not only will it neutralise any redness, but the light-reflecting formula will also make eyes appear bigger and brighter — AKA wide awake! Simply finish the rest of your eye make-up as normal, adding mascara to widen the eyes even more.

We've seen Jennifer Lawrence, Selena Gomez and Heidi Klum all embrace light-lining. If it's good enough to disguise their hectic schedules, you can bet it'll erase your all-nighter in one single swoosh.

Find Your Perfect Light-Liner...

Medium

• Fair Skin: Flatter your porcelain skin with a frosty, pearl eyeliner like this one from Urban Decay for a superior metallic hue.

Urban Decay 24/7 Glide On Eye Pencil in Yeyo **£15.50** Skin:
Make sure
you pick
a creamy,
neutral hue.
Miss Sporty
is great for
this type of
skin tone.

Miss Sporty Pump Up Booster Kohl Kajal in Luminous Beige £2.99 Dark Skin: Estée Lauder's pinkie pencil will brighten your eyes without looking stark. The pink colour is just right for darker skin.

Estée Lauder Stay-In-Place Eye Pencil in Pink Gold **£4.49** WORDS: VICTORIA JOWETT PHOTOS: REX FEATURES FOR STOCKISTS, GO TO LOOK.CO.UK/STOCKISTS



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L'ORÉAL



Millie: When MyDesigns Sell Out, I Have To Pinch Myself'

Sexy maxis, lace minis and serious print hits – we reckon Millie Mackintosh's new drop of hot dresses is her best yet

sk any woman what's on her shopping radar at this time of year and you'll get a resounding answer – a dreamy dress. After all, we need a hot frock or two to get us through the party season. Cue Millie Mackintosh, the *Made In Chelsea* veteran-turned-fashion designer, who has created the ultimate dress collection to sort your going-out woes. From the get-go, the 26 year old has set her

designs apart from other celebrity offerings, thanks to her self-confessed 'obsession' for creating clothes women love to wear—and her customers can vouch for that. After her previous range sold out, the next was picked up by ASOS, and she's given us an exclusive first look.

We caught up with the lady herself to talk date nights, her design identity

and perfect party frocks...



Congrats on another great collection, Millie! Why just dresses this time?

I really listened to my customers

—I've been getting feedback.

Because it's the lead-up to
Christmas, I thought: 'What do
they want?' and they really want
cute dresses. I didn't do an all-out
Christmassy collection—it wasn't
about how many sequins we could
get on them. They're formal,
without being over the top.

So it's sleek party dressing?

Exactly! There's a bit of embellishment. They are frocks you can dress up or down. What I love is that you can carry them all straight through until spring. It's down to how you style them – tights and boots now, and in the warmer months, a pair of sandals.

Which is your fave?

Oh, that's so hard! I love the maxi dress with the front tie – the mix of prints feels really fresh, and it's comfortable and so easy to wear. It's the full package.

OK, it's date night and you're in a rush – which frock do you choose? It has to be the little red, off-the-shoulder number. It's basically

When you pour your heart into something, it means a lot to see it do well

made for date night. That or the black maxi dress, depending on where he's taking you...

Your first collection was very successful... were you surprised?

Absolutely. I didn't know what to expect, so I was blown away by its success. Of course, I hoped it would do well. There is just so much choice out there, so when it comes to my pieces, the quality and the way the designs fit and feel are really important. That's what's going to set me apart from the rest.

What makes your designs stand out from other celebrity ranges?

It's important to have your own identity that shines through every item, so people can associate each piece with you. For me, it's all about the design—I think attention to detail is why the collection does



Shop The Collection

Nail your festive-season wardrobe



well. That's why I believe my customers keep coming back. How does it feel to see your collection sell out?

When you pour your heart into something, it really means a lot, so to learn how well it's doing is always amazing. When I get an email from ASOS saying something is sold out and they need more stock, that's when I really have to pinch myself.

You must get excited when you see people wearing your designs...

Ilove it! When someone comes up to me and says they bought something from my collection, or if I see someone wearing it on Instagram, it's the best feeling. It's incredible to see how different women style things. And when they tag me in their pictures, it makes me so, so proud.

Who is the Millie Mackintosh woman?

She's someone who likes to have fun with what she wears. She's always on the go, so she loves pieces that will have her looking stylish at a moment's notice. In a nutshell, she's a feminine free spirit.

Who or what inspires your designs?

I try to focus on who's actually buying the range. We've done a lot of research, and our customers' age averages out at 25 – which is pretty fitting, seeing as I am 26. That said, the range has proven to be a hit with 16-year-old girls as well as 40-year-old women. It really depends – I make a conscious effort to create items for every kind of woman.

What will you be wearing during the festive season this year?

For New Year's Eve, there's nothing I love more than dressing up, so I can definitely see myself wearing the long black maxi dress to ring in the bells. On Christmas Day, I'll wear a classic shift with long sleeves that I can team with tights and ankle boots – plenty of room to eat all of my Christmas dinner.

Sounds perfect! Do you recall the first dress you ever bought?

I remember begging my mum to buy me a dress from Tammy Girl; it was my first little black dress. I felt so grown up and special wearing it.

What's the most amazing dress you've ever worn?

It has to be my wedding dress – it was breathtaking and it symbolises something so special.

■ Shop the collection, which launches this week, at Milliemackintosb.com and ASOS.





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Found! The Souped-Up Snow Boots Storming Insta

Tackle the extreme weather like a fashion pro with the seriously practical boots that have gone stellar...

rom Aquazzura's tassel heels to Gucci's metallic loafers, we've lost count of all the cult status shoes that have adorned the most stylish feet of late. However, the fash pack's latest footwear fix has to be the most practical yet.

Jimmy Choo celebrated its new collab with retro 80s brand Moon Boot by whisking stylistas including Aimee Song (of Song of Style fame) to the Swiss Alps, and flooding our Insta with pics in the process. Known for its ultra-bright

padded booties designed to tackle icy terrain, they're hardly the chic knee-highs we expect the fash pack to be rocking. But, thanks to a new look and luxe finishes, these sensible shoes just got way more covetable.

But if you don't have £475 to drop, Moon Boot's affordable mainline range has everything you need to nail the vibe. And now they're stocked at Net-a-porter.com and John Lewis, you know this is how the cool girls will be styling out the cold snap.









WORDS. MAXINE EGGENBERGER PHOTOS: CANDICE LAKE/INSTAGRAM, SOFIE VALKIERS/INSTAGRAM, HARISFARS FASHIONANDOBSERVATIONS/INSTAGRAM FOR STOCKISTS, GO TO LOOK

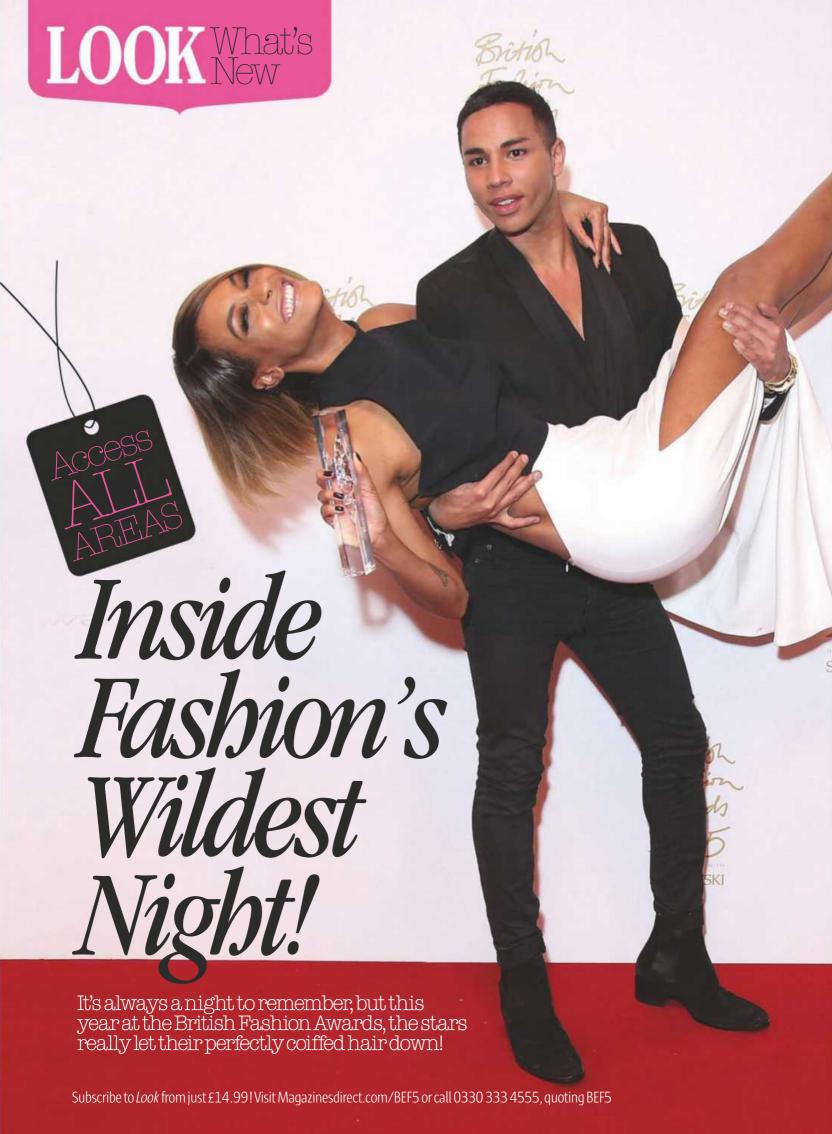
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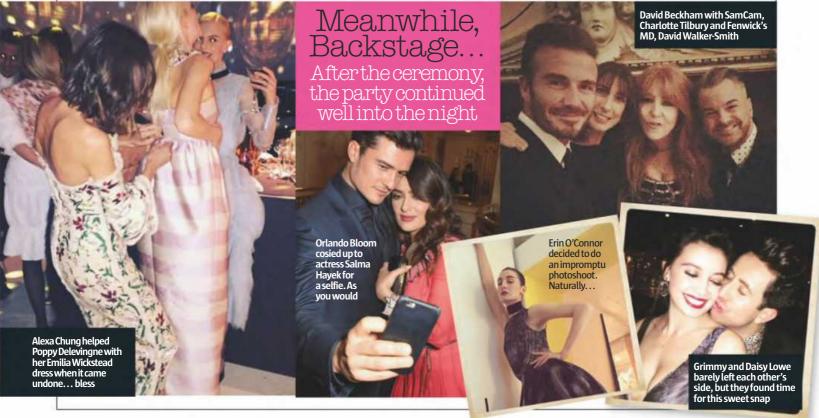


The BFAs Best-Dressed

Making your mark on a red carpet full of über fashionistas is no mean feat this foursome gave us major frock envy



Inside The BFAs



The Night The High Street Rocked The Red Carpet!

Chanel, Burberry... Topshop? It seems some A-list BFA attendees raided the rails of our favourite high-street haunts



Cheryl's Sequin Showstopper

It's not often Chezza rocks a highstreet hit, but this is no ordinary frock - you can buy it in March.

Malaika's Killer Mini

Prepare for a Topshop splurge next season - supermodel Malaika's slip hits stores at the same time as Cheryl's dress!









Immy Waterhouse





See More Online

For more pics from the British Fashion Awards, head to Look.co.uk/bfa2015

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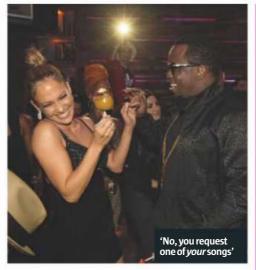
Insta-Wedding! Sofia Vergara & Joe Manganiello

Many A-listers like to keep their nuptials under wraps – but not the fabulous Sofia, 43. The *Modern* Family star gave her 5.9m followers a 360° insight into the most lavish wedding of the year when she married Magic Mike XXL actor Joe, 38, in Florida. The nine-tiered cake? The Hollywood guest list? The family portraits with her 22-year-old son, Manolo, who walked her down the aisle? It's all there! Lucky Sofia was also said to have been serenaded Magic Mike-style by her new husband and his co-star Channing Tatum! Bridal envy or what?











Rocking up to the Evening Standard Theatre Awards, Kate, 42, made her own statement by taking off her wedding ring, after splitting up from husband of 11 years. Len Wiseman (he's since been seen out with 24-year-old model CJ Franco). The actress looked far from downcast, though, in a stunning gown bv Alberta Ferretti. Team Kate!

Old Flames Reunited!

Jennifer Lopez & Sean Combs

lenny From The Block and Puff Daddy just staged the best reunion ever. Yep, J-Lo and Sean, both 46, may have ended their two-year relationship in 2001, but there's no bad blood between the pair after they were spotted dancing backstage together at her AMAs after-party. Hip-hop hooray!

Mini Moss Meets Her Match?

Lottie Moss & Evan Hoyt

The model and sis of Kate, 17, was seen leaving celeb haunt Zebrano in London with Welsh tennis player Evan, 20, after they were said to have enjoyed a 'pre-date' at the opening of Winter Wonderland. 'They seemed really into one another,' an eyewitness says.



Alberta

Ferretti

dress

There's nothing like a wow frock to get over a break-up...



*Offers available from 25/11/15, price reduction as shown. Whilst stocks last. All products are subject to availability. Please check with your store in advance to avoid disappointment. Also available online at wilko.com.

Interview Of The Week



MyPartyTip?AGlass OfWaterForEvery GlassOfChampagne!

As she releases *the* beauty bible everyone's talking about, Dita spills her secrets and tells us why burlesque is all about girl power

've just woken up,' purrs Dita when we speak to her. But while the queen of burlesque may be surprisingly chilled, her performances have always been hot. Since storming onto the burlesque scene at just 20 years old, Dita Von Teese has garnered global attention for her risqué shows. She famously once performed in £3.5m worth of diamonds. And off stage, her sexy signature style has charmed designers from Jean Paul Gaultier to Vivienne Westwood, who she has modelled for in the past. Her motto? The more glamorous, the better.

Dita, 43, is a serious DIY diva, too —she dyes her own hair, designs her own lingerie and does her own make-up. So you can imagine how excited the *Look* office was when we heard she was releasing her ultimate go-to guide to getting glam, *Your Beauty Mark*. We caught up with her to find out more...



Congrats on your new book! Who do you think will enjoy it the most?

I think every woman can take tips from it. I've let them in on secrets I've taken from experts I've met over the years—from nutrition to fitness and fashion.

What's the number one beauty rule you've learnt over the years?

I'm all about breaking the rules!

Your make-up always looks immaculate. Do you have a highmaintenance morning routine?

Iactually don't spend as much time as people think. I have a few things that I can do in five minutes, which make me feel confident. I love L'Oréal Tirue Match powder—there's a shade that's great for my pale skin. And then finish with a splash of red lipstick.

How many red lipsticks do you own?

Oh, over 100! My current go-to is a matte pink-based red I created for MAC called Von Teese [available from 16 December] – it's great for parties.



Interview Of The Week

How do you create your signature retro waves?

My hair's naturally very straight, so I set it in rollers right after I've washed it, then pin it back. For extra glam I love to add accessories like jewelled pins and silk scarves. It's fun to experiment.

And you dye your hair at home...

Ilove doing it myself—I have done since my early twenties. I have naturally blonde hair so every two weeks I do it at home. I'd rather that than sit in a [hairdresser's] chair for two hours.

We love your style. Where do you buy your clothes?

Ishop vintage occasionally—Etsy usually has some great finds. But I often have my mind set on one thing and I go for that, like a floral white trench by [fashion editor and designer] Kim Hersov I bought recently. I'm not a recreational shopper by any means.

Do you ever slob out in your PJs with no make-up?

You'd never catch me in sweatpants! We're not surprised. How does it feel to be a sex symbol?

I don't really think about it too much. If anything, I see myself as an alternative sex symbol, as I have so many female fans.

How much has the burlesque scene changed since you started out?

Burlesque is very different to how it was in the past—that whole 'bump and grind' striptease, which was primarily entertainment for men. Ultimately, it's about women having the choice to do what they want to do. If I do a show now, 80 per cent of the audience are women.

Who has been the best person you've performed for?

Elizabeth Taylor, about seven years ago in LA. She was one of the last icons of glamour. She's definitely inspired me.

And the most decadent party you've been to?

I went to a beautiful party for Dior in the Palace of Versailles about five years ago. Everyone in the fashion world was there. But I like to go to bed quite early—unless I'm performing. It depends if I'm playing the part of showgirl or businesswoman.

No bad hangovers then?

Of course! But I don't think I can go into that [laughs].

How do you like to keep in shape?

Ido Pilates about three times a week. If eel like I have more energy during the day if I exercise in the morning.

Do you have a nutritional plan?

Ialways start my day with a shot of lemon in hot water—it's great for your skin. And then for breakfast I'll usually have a bowl of oats with cinnamon. Almonds are my favourite beauty-boosting snack. I have a balanced diet—even before a big show



Inever cut out meals
- Ilove tacos with friends.
Life's for living





Inever cut out meals. There's nothing better than dinner out with your friends—Ilove tacos in LA. Life is for living.

You've been hailed as promoting a positive body image. Have you ever felt pressure to conform to a certain shape?

Never. I don't listen to any judgement over my body, or other people's. I don't take any negativity to heart at all.

You're famous for your corset collection. How do you feel about waist trainers?

I probably have about 500 corsets in my wardrobe. I've been wearing them since I was 18, I love the look of them. But I personally don't use waist trainers. I think they're way too extreme – they shouldn't be a substitute for exercise by any means. It's a form of body modification.

What are your top tips for feeling confident at a Christmas party?

Wear something you love—the outfit Ialways feel amazing in is an LBD with Christian Louboutins. And drink a glass of water for every glass of champagne! Is your life as glamorous as it seems?

No, I don't think anyone's life is as glam as it looks from the outside. We're all going through the same dramas. It can't be champagne and roses *all* the time.

■ Your Beauty Mark: The Ultimate Guide To Eccentric Glamour by Dita Von Teese with Rose Apodaca (£25, HarperCollins) is out 1 December

DITA'S BEAUTY Decoded

The pin-up star shares her red-carpet rules, straight from Your Beauty Mark



First Base...

'Ilike MAC Studio Fix Powder Plus Foundation,' Dita says. 'Iuse a small flat brush to dab it onto the corners of my nose, blemishes or anywhere else I need extra matte full coverage.'



A Bold Lip...

'Red is unequal to any other shade of lipstick,' says Dita. 'I like deep berry tones in the winter. While for the evening, it's the hot red of a racing car. Everything seems to brighten.'



Cat Eyes...

Black liquid liner is a must for Dita's signature flick.
'Begin the outline by pointing your chin up and your eyes looking down,' she says.
'I begin on the inside corner and look outwards.'
For extra drama?
'I love Diorshow New Look Mascara.'



Essie Nail Lacquer in Fishnet Stockings **£7.99**

The Mani...

This 40s-style manicure is when the base of the nail is free of polish, and the rest is painted. 'My go-tos are The Spy Who Loved Me by OPI and Fishnet Stockings by Essie'.

WORDS: EMMA FIRTH PHOTOS: ALPHA PRESS, REX FEATURES, ALBERT SANCHEZ & PEDRO ZALBA, SCOTT NAT FOR STOCKISTS, GO TOLOOK.CO.UK/STOCKISTS











Christmas tree decorations



Christmas tree lights



Christmas crackers



Partytox, Anyone? The Shocking New Treatments Women Are Risking Their Looks For

With the countdown to Christmas parties underway, women are turning to extreme measures to look good – fast. Look investigates...

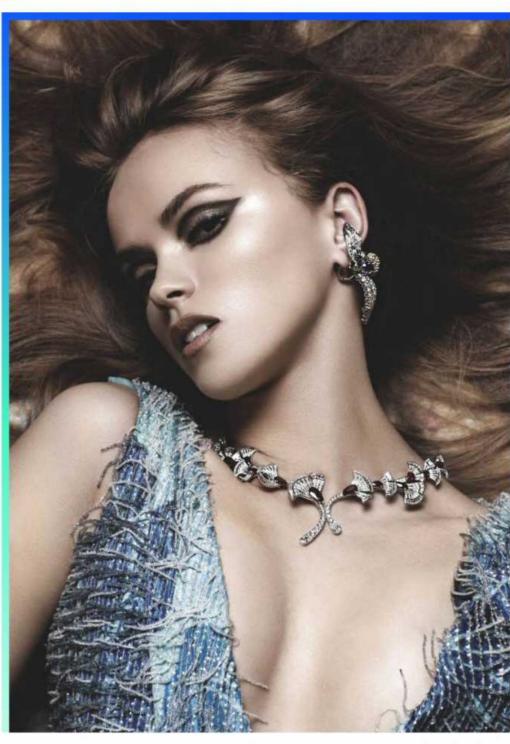
rom reducing toes to fit into party shoes, to fillers that help earlobes carry the weight of statement earrings, a whole host of unusual surgeries have come into fashion to create the ultimate festive look.

A rising number of women are having what's been dubbed as 'partytox'—quick-fix surgery before a big event that can be done in a short time. And figures are set to peak in the next few weeks as festivities get underway.

'We see a rise in injectable treatments in the run-up to the party season, as they can help patients enhance their looks,' says Mark Norfolk, clinical director at Transform.

'Quick-fix procedures are often bizarre and some have now become simply outrageous,' adds consultant plastic surgeon Paul Banwell.

The 3D Facelift
This procedure – akin to a skin peel – claims to give instant results. It combines diamond microdermabrasion with hyaluronic acid (the exfoliation part), followed by ultrasound that sends therapeutic shockwaves through the skin. The promise? Improved skin tone and texture, increased facial volume and glowy skin. But at \$4,000 a pop, we'll stick to a facial, thanks.



LOOK Feature BOTOX INJECTIONS Have Risen By Since 2000

The Lip Lift Kylie Jenner put lips back on the beauty agenda this year -in a big way - and now women are flocking to get their pouts mistletoe ready at the hands of their surgeon. 'Some of the most popular surgeries at the end of the year are lip lifts, which shorten the distance between the upper lip and base of the nose, improving the harmony of your face,' says Dr Julian De Silva, a surgeon at London Facial Plastic Surgery. It also enhances the vermilion border [Cupid's bow], something that has been incredibly popular. However, the procedure costs £2,500, with the risk of scarring.

BB Women are flocking to get their pouts ready

Fat Freezing When it comes to slimming down for Christmas, we're fine with a pair of Spanx, but many women are booking in for 60-minute fat-freezing sessions. It works by cryolipolysis, which means fat cells are cooled to near freezing - they then crystallize, shatter and die with the mistletoe crystallize, shatter and die with the waste being digested by the white blood cells in the body. While one session can make a slight difference, a course of treatments is recommended for best improvement. Many top surgeons say the trend is a fad, based on very little results. Plus, there have been cases of scarring and long-lasting damage from the procedure.

THE STATS

Recent statistics by the FDA show that one in three people are unhappy with botulinum toxin results. And with celebs influencing us more than ever, it's no surprise that 'tweak not tuck' surgery is becoming more common - the UK cosmetic procedure industry is estimated to have risen to £3.6 billion in 2015.

- While quick-fix procedures might be convenient, they come with concerning statistics. A study found that up to one in 20 people who have 'filler' injections end up with irreversible damage to facial tissue, ranging from allergic reactions to movement of the filler.
- When questioned, 84 per cent of anti-wrinkle patients didn't know exactly what was being injected when they had a procedure.

'My Stomach *Is Scarred From* My Fat-Freezing Treatment'

Jody Findley, 30, a backing singer from Wolverhampton, suffered serious burns when her plan to slim down quickly backfired

'It's not like I hate my body. I'm a healthy 10st and a size 12, but I've always struggled with a bit of a muffin top. When Theard about fat freezing, I was intriqued to say the least. Luckily however. I was working in a gym at the time and they offered staff the chance to try it. As lots of people had already had it done,

CCI didn't think about the risks and went ahead ???

Ididn't think about any of the risks and just went ahead with the procedure. While the treatment was being done, it didn't feel strange, just like someone was vacuuming my stomach. Afterwards, I felt a tingling sensation, but I just carried on at work. However, by lunchtime, I'd developed two large, painful oval blisters on my stomach. Only six hours after my session, I was in A & E being dressed for partial-thickness burns. I had to keep the bandages on for a month and visit my GP every two days to re-dress them. The wounds were agony and very uncomfortable. I've now been left with two very distinct scars on my stomach – and a daily reminder of the pain. In my case, the company were to blame, but anyone thinking of trying out a quick-fix surgery should know the risks because that 40-minute treatment has meant I'm now too conscious of my scars to ever wear a bikini again?





LOOK Feature

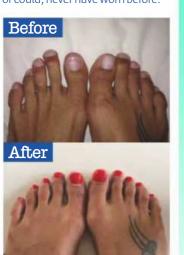
Cinderella Surgery

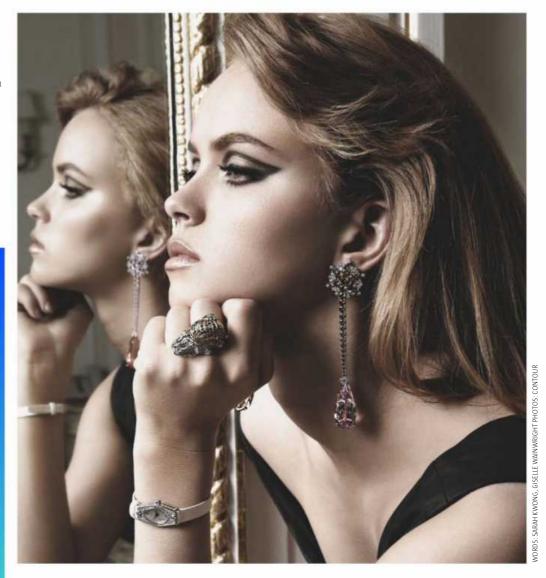
Many women have been drawn to the aptly named Cinderella surgery—a procedure that shortens toes to improve their look or to fit into a smaller shoe size. Starting at £3,000, it's not cheap, and the 60-minute surgery, which is in high demand in Hollywood, is now widely available in the UK, too. Even though it does mean breaking and setting your toes. Ouch.

'I Reduced My Feet From A Size Eight To A Six'

Paulinka Charlikowska, a 31-year-old beautician from Blackpool, had her toes shortened last year

'My feet have been big and ugly ever since I can remember. I often pretended they were a size seven instead of an eight, and squeezed them into smaller shoes so they'd look prettier. But that made them worse, and my toes started looking deformed. When I discovered I could have surgery to make my feet smaller, I became obsessed about wearing a pair of shoes for the Christmas parties. I researched online and got in touch with a doctor in London who was able to shorten four of my toes. It cost£4,500, but the fact that the procedure would only take an hour -15 minutes per toe — made it even more worthwhile. Afterwards, it took about a month before I could walk normally and one toe did get infected. Now my feet are 1cm shorter and I'm a size seven, sometimes a six. I love how they look, and have a huge collection of shoes that I would, or could, never have worn before.





Eartox

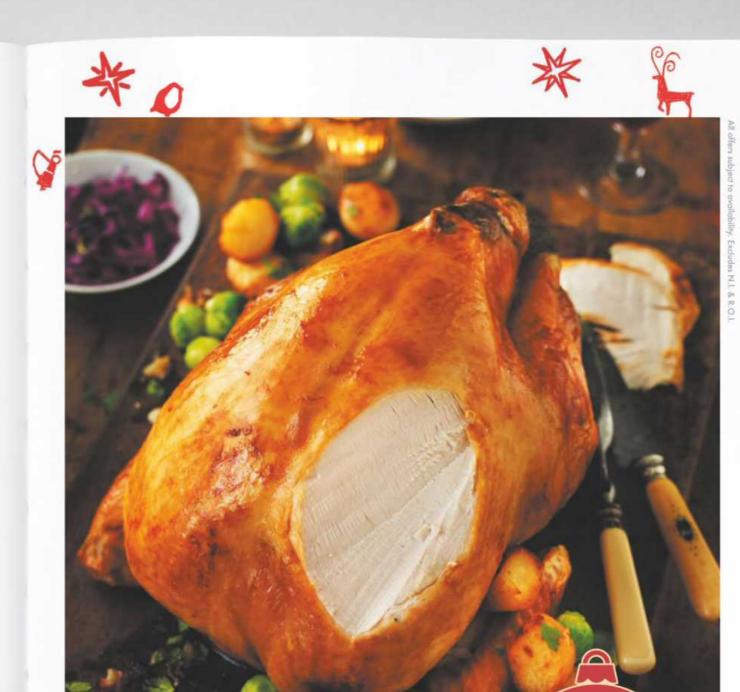
We've all experienced the utter relief of taking off a really big pair of earrings at the end of the night. Those beauties are *heavy*, and while we're all for suffering for fashion, the mega-wealthy are taking it a step further and getting surgery to help their ears cope with the weight of

their diamonds. Yes, really.

Earlobe surgery has become very popular in Switzerland and is gaining momentum in the UK, too. Dr Levy, an aesthetic dermatologist and founder of Dr. Levy Switzerland Skincare has seen a rise in jewellers sending clients to him who want fillers in their earlobes so they can wear show-stopping earrings. 'For the procedure, the lobes are plumped with filler, while sometimes the jawline is given a 'Nefertiti Lift' – a Botox jab to improve the overall effect,' he says. In the UK, the average cost is from £250-£280.

A DOCTOR'S WARNING

'Often, patients take months to decide on having a procedure, but with these quick-fix treatments, they're more likely to make the decision faster as it doesn't impact so heavily on their day-to-day lives. If it sounds too good to be true, it usually is,' says Mark Norfolk. 'There are many non-surgical procedures that could be performed with ease within a lunch hour, but it's vital that patients don't trivialise these, or think that they're easy,' Paul Banwell explains. 'All clinics need to endorse the concept of patient safety, especially as we approach the Christmas period when "fast" treatments become popular.'



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est friends Amy Poehler and Tina Fey are back together playing sisters who throw the party to end all parties. *Sisters* is *the* must-see movie of the season and you could get to view it before release at an exclusive screening.

Maura and Kate Ellis are devastated when their parents choose to sell their family home, and decide to say a final goodbye to it the only way they know how – by throwing a massive party and inviting all of their old school friends. However, they quickly learn that the adults they've become don't quite reflect who they were at school.

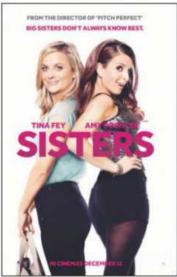
At the party, the past is all played out (in some seriously cringe-worthy

scenes) and the sisters prepare to say goodbye to their old lives.

If you ever had a high-school enemy who you're not really sure why you *still* hate, or have a sibling who's your total opposite, then this is *the* film for you. Plus, did we mention it's laugh-out-loud, spit-out-your-popcorn hilarious? With these two at the helm plus the director of *Pitch Perfect*, we wouldn't expect anything less. Prepare for the ultimate girls' night and nab tickets for our exclusive screenings, now.

Screenings take place at selected cinemas on Thursday 10 December. To reserve your ticket, visit Showfilmfirst. com and enter code 963780.

■ Sisters *is in cinemas from 12 Dec*



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Find A Cinema Near You

- Vue Acton
- Vue Blackburn
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- Vue Sheffield
- Vue Shepherd's Bush
- Vue Stratford
- Showcase Bluewater
- Showcase Bristol CDL
- Showcase Leeds
- Showcase Leicester



TERMS AND CONDITIONS Preview screenings are on Thursday 10 December 2015 at participating cinemas. Tickets are subject to availability and will be allocated on a first come, first served basis via Showfilmfirst.com. Each reader may claim up to two tickets. Readers who successfully book tickets must present this page with the ticket and have 10 available if required. No photocopies of the page will be accepted. The tickets are not for resale. No cash alternative. No late admittance. The cinema reserves the right to refuse admission. In the event of a dispute, the cinema manager's decision is final. For full terms and conditions, visit Showfilmfirst.com. All rights reserved

Celebs Wear High St Too!

That's OK, ladies – we're more than happy to share the high-street love



BRIDIE WILKINS PHOTOS: INF PHOTO, RINSE PHOTO, GETTY IMAGES FOR STOCKISTS, GO TO LOOK. CO. UK/STOCKISTS

Lavish

Alice

£80

Jade's Playsuit Little Mix's Jade looks every inch the

Little Mix's Jade looks every inch the 70s fashionista in her velvet one-piece. Why not team Topshop's playsuit with Céline-esque pointy loafers, tights and an oversized bouclé coat for a more laid-back vibe?



Topshop £60

Lydia's Coat

Lavish Alice just well and truly reinvented the classic trench coat. Yep, in bold red and trimmed with tassels, Lydia's cover-up is a trendticking take on the wardrobe staple. Go on, we dare you to have a break from your go-to camel.





















It's Party Time!

Your One-Stop Dress Destination

Whatever your shape, size or occasion, Simply Be has something for every woman this Christmas

ith party season fast approaching, finding the perfect frock has never been more important. And with that comes a pretty hefty checklist: it's got to be a serious statement-maker, highlight your figure, be comfortable enough to dance the night away in, and often make for a stylish office-to-bar transition.

66 The range has landed just in time – and we're in love 99

The solution? Simply Be's brand new party collection. Yep, the range has landed just in time to solve all your festive fashion woes, and we couldn't be more in love. From long-sleeved bodycons to fringed midis and classic sequin designs, the line comes chock-full of enough glitz and glam to see you through the season. Above all, it's the could-be-catwalk looks that have got us all excited. Take the beaded fringed number (right) – following the lead of designers such as Gucci, Emilio Pucci and Proenza Schouler, we can hardly believe it's high street. On top of that, the collection houses a whole host of all-over high-shine embellished pieces that give 'Sequin King' Ashish a run for his money.

Cute skater skirts, trend-ticking jumpsuits and flawless two-pieces are there if frocks aren't your thing, too. Turn heads in a super-sparkly one-piece, paired with your choice of cover-up, including faux-fur coats, lace wraps and sequinned capes. The sizes range from 12-32, so there really is something for everyone. Go on, steal the show.



SimplyBe









It's Discount Time!

Get20%Off AtSimplyBe

Your party-season glam factor just went into overdrive, thanks to this exclusive reader offer

Jumpsuit, £59

Necklace, £12 Belt, £10

Bag, £25 all **Simply Be**

Shoes, £40

t's time to unwrap your best-dressed Christmas with Simply Be. With amazing outfits for the festive season, this is your time to shine. Make an entrance at any occasion in one of Simply Be's showstopping dresses, and complete the look with a pair of killer heels, plus the accessories to match. With collections from Jameela Jamil, Lavish Alice and AX Paris, you'll definitely be spoilt for choice, so shop the season now in store or online, and get yourself party-ready.

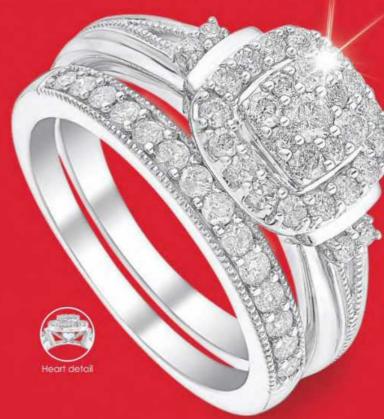
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PREPARE TO PARTY







Cascading Chain Heels
Fringed sandals are all the rage right now, but ASOS

£68

and Topshop have given them a glam overhaul with metal chain incarnations. With the power to make anything from cigarette pants to frocks look fierce, they'll solve all your party heel woes.

CELESTIAL HEADWEAR

Well, if you can't wear a star headdress during party season, when can you? DO Embrace the cosmic vibe by styling these pieces with on-trend star or crescent-moon prints. DON'T Pile on the bling elsewhere - make your headdress your outfit's only bijoux hit.

Freedom at Topshop £7.50 for the set £38



Boho Party Frocks

Floaty, floral dresses may border on the casual side, but with dark base colours and opulent finishes, these beauties turn the winter wardrobe staple into an evening hero piece. Unsure how to style them? We've done the hard work for you and found their perfect accessory pairings...



COMPILED BY: MAXINE EGGENBERGER PHOTOS; REX FEATURES, GORUNWAY.COM FOR STOCKISTS, GOTO LOOK.CO.UK/STOCKISTS





What To Wear To A Winter



Wedding

Whether you're going to a fancy formal do or a laid-back boho affair, we've got a 'wow' wedding guest outfit you'll love...







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Luminous skin and striking eyes for the fearless beroine. Jedi look inspired by Star Wars: The Force Awakens.



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Fierce eyes and intense lips for the ultimate femme fatale. Dark Apprentice look inspired by Star Wars: The Force Awakens.

Light side or dark side? Find your look at www.maxfactor.com









Victoria lowett Beauty



Gabrielle Beauty

Meet the hero buys hot on the beauty team's radar this week

Mega Beauty Hook-Up!

In honour of Star Wars Episode VII: The Force Awakens (out 18 December) Max Factor has created a limited-edition line which features its cult False Lash Effect Mascara. £10.99, and Colour Elixir Lipsticks in on-trend Berry and shimmering Gold, £7.99 each. And alongside the stellar collection, make-up artist Pat McGrath has created six out-of-this-world beautylooks-#glamourforce.

Gabrielle







Super-Smart Straighteners

This time last year, if someone had told me I'd be using straighteners that were actually making my hair healthier, I wouldn't have believed them. But since discovering **Josh** Wood's genius new ColourLoc Treatment Iron, £120, I haven't looked back. The straighteners come with 'Treatment Capsules' that are inserted into a chamber and converted into a conditioning steam as the irons heat. There are two options: 'Keep My Colour' and 'Keep Me Smooth'. Say farewell to split ends for good! Victoria





My New Miracle M<mark>oi</mark>sture Hit No make-up artist's kit is complete

without the classic Elizabeth Arden Eight Hour Cream, but it's the brandnew All-Over Miracle Oil, £29, that's taking prime position in my beauty bag. It keeps dry legs hydrated, gives a dewy highlight to cheekbones and even adds shine when smoothed into hair. I'm not letting it out of my sight! Samantha

Elizabeth Arden All-Over Miracle Oil £29

Eight Hour Cream All-Over Miracle Oil Hade Miracle Universell

Elizabeth Arden



Watch Sam's How-To Video On Your Mobile!

Get a super-glam party look using Dior's latest collection. Head to Look.co.uk/diorpartymakeup















TO KNOW Party Beauty

1.TRY AN EYESHADOW TOPCOAT

Take your favourite shadow up a notch by dusting on a topcoat. These sheer shadows have no base colour, but instead pack a punch of sparkly pigment, so you can pat them over any colour to amp it up.



perfect for poshing up



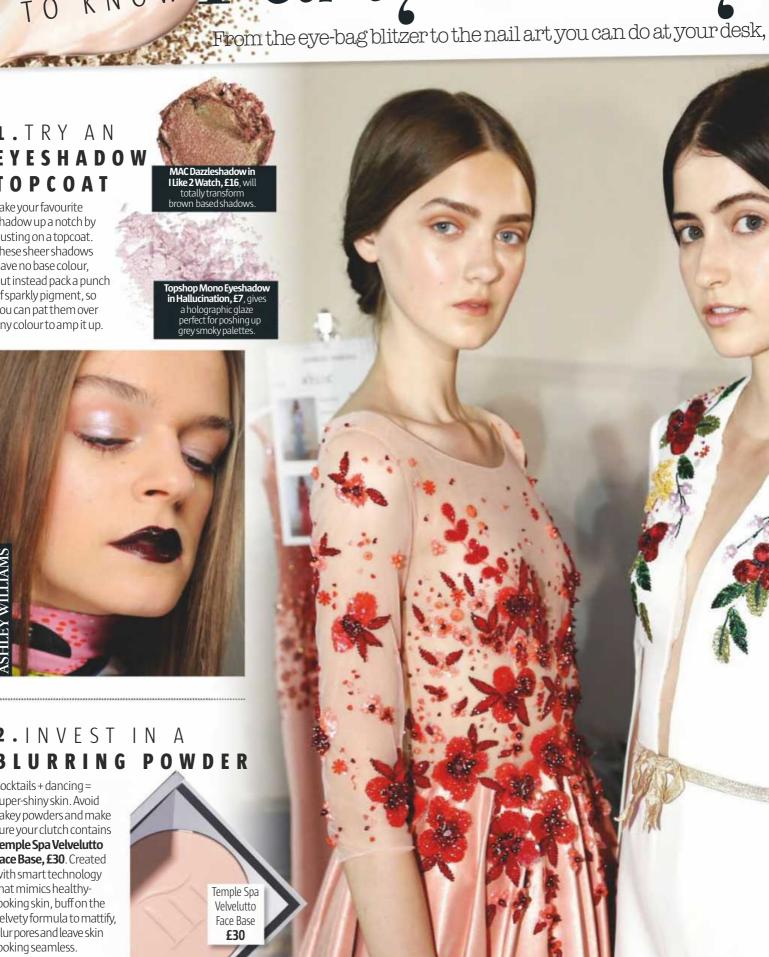
2.INVEST IN A

BLURRING POWDER

super-shiny skin. Avoid cakey powders and make sure your clutch contains Temple Spa Velvelutto Face Base, £30. Created with smart technology that mimics healthylooking skin, buff on the velvety formula to mattify, blur pores and leave skin looking seamless.

Cocktails + dancing =

Temple Spa Velvelutto Face Base £30



Masterclass

these are the tricks that'll get you through December in style





T H E
T W O T O N E
B L U S H
T I P

Monotone blusher can end up looking a little flat, so go for a two-tone formula that'll enhance cheeks by adding an extra dimension.

Kiko Moon Dust Face Powder in Mysterious Pink, £13.90, has golden pink marbled with a darker mauve. Just sweep over cheeks to make them pop.



NAIL ART YOU CAN DO AT YOUR DESK Who needs to book in for a pro mani when

Who needs to book in for a pro mani when you can use the **MoYou London Holy Shapes Starter Kit, £12.99**? They take all the effort out of nail art with their amazing stamp-on designs. Cheat intricate looks in a second—trust us, no one will guess it's a DIY mani.



5. MAKE YOUR EYES LOOK BIGGER WITH

CUT-CREASING

This clever make-up artist trick works by adding a line of dark shadow above your eye crease to make them look bigger.

Recca Ombre Nudes Eve Palette, 534

Becca Ombre Nudes Eye Palette, £34, has every shade to sharpen up your lids.

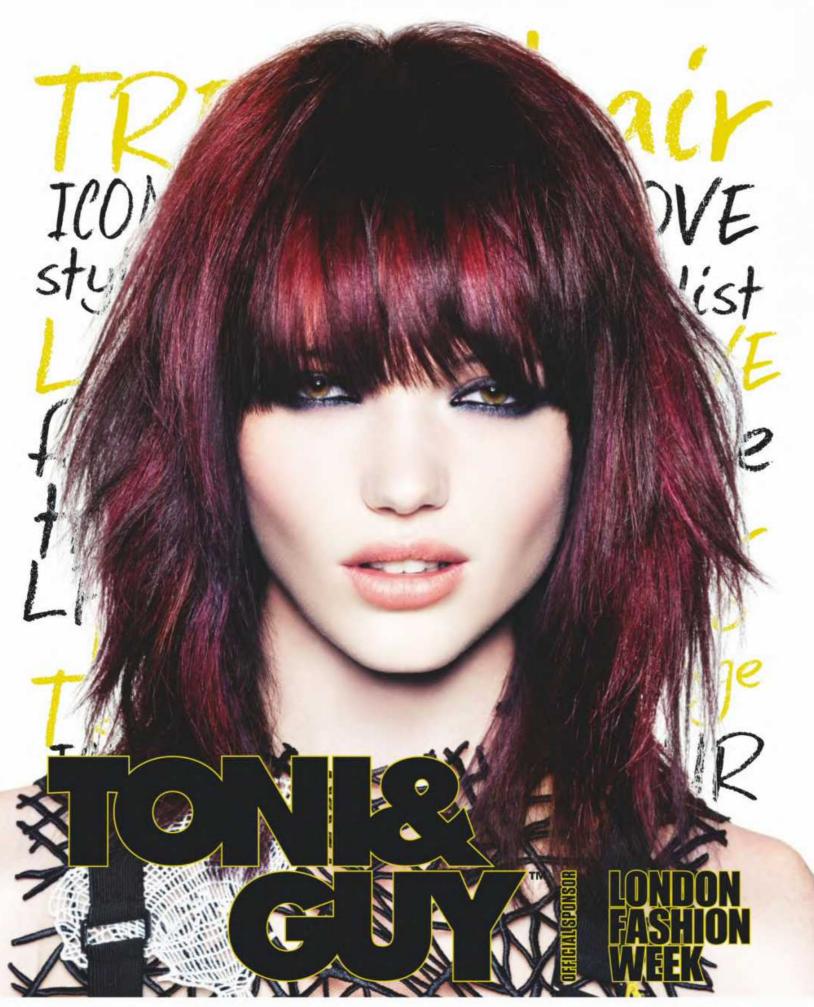


STEP ONE: Swipe a light, matte shade over the eyelid for a wash of colour as a base.



STEP TWO: Use a medium to dark shade to draw a line just above your socket.





OR CALL 0800 731 2396
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6 METALLIC HAIR CONDITIONER = DIY HIGHLIGHTS REVIVER

If your locks are looking a little lacklustre and you haven't got time to visit the salon, **Davines Alchemic Conditioners** in (from left) Silver, Copper and Chocolate, £18.50 each, will be your new best friend. They work a treat at enhancing fading highlights – the metallic formula helps brighten hair and gives a mega-watt shimmer, leaving it shinier than ever.







7. GET CLEVER WITH HAIRSPRAY

FIGHT THE FLYAWAYS: Use an old toothbrush spritzed with hairspray to tame frizzy baby hairs. Our favourite fuzz-busting formula is **Blow LTD#10minuteblow Party-Proof Hairspray, £10.**

HAIRSPRAY LAYERING
If your locks are prone

to frizz attacks, don't just mist it over the top of your 'do, as the hair underneath will be the first to flare up. Instead, section your hair off, layer by layer, and coat each one with hairspray. That way your locks

will stay sleek from





Your skin is playing up, but there's no time to seek an expert facialist. Don't panic – you can DIY complexion perfection in minutes with one of these magic masks.



Clay Mask, £9.99, will soak up excess oil on the skin. leaving you blemish-free



Glow Reviver: The brightening ginseng and healing jojoba in Pixi Glow Mud Mask, £18, will perk up dull, dreary skin in a flash.



Instant Calmer: Tata Harper Resurfacing Mask, £44, contains willow extract to relieve redness and witch hazel to neutralise inflammation



Dry Skin Saver: Combat a thirsty complexion with Voya Hydra Veil, £32. This melts into skin, leaving it hydrated, plumped and well nourished.



9. EYE BAG BLITZER

Don't let dark circles rain on your party parade – no one need know about those late nights with Avène PhysioLift Eyes, £22. It visibly reduces dark circles by 52 per cent*, while fading fine lines and de-puffing.

10 MAKE YOUR PERFUME LAST LONGER

You apply your fave scent before you go out, but then find it's faded by the time you reach the bar. Sound familiar? Here are the spots you need to spritz...

Down Your Back:

It may sound a little odd, but this will ensure you leave a trail of scent wherever you go, as any heat on your back will strengthen the scent.

Pulse Points:

These spots – wrists. behind your ears, inside elbows and behind your knees -also generate heat, so will intensify your perfume.

• Hair: Your locks are porous, so they'll soak up scent better than skin. Spray your hairbrush with **Kérastase** Chronologiste Le Parfum En Huile Oil, £39-it's scented with rose and musk.

£39





o reflect the glitz and glamour of the festive season, Figleaves has created a dazzling Christmas edit, which showcases their most lust-worthy collections. You'll find everything from sexy sets to silk nightwear and cosy pyjamas by brands such as Figleaves Boudoir, Chantelle, Freya and Stella McCartney Lingerie, just to name a few. Oh, and gifts for him are covered, too, with a designer underwear and nightwear edit.

With a wide range of sizes from A-K cup, finding something beautiful has never been easier. And if that wasn't enough, we're treating you to 25 per cent off their Christmas collection. Simply head to Figleaves.com and enter the code LOOKMAG25 at the checkout. Happy shopping!

TERMS AND CONDITIONS: Figleaves is offering Look readers 25 per cent off its full-priced items until midnight on 8 December 2015. The discount is valid using the code LOOKMAG25 at the checkout online at Figleaves.com. The offer is valid on full-price items only. It excludes sale, outlet and the following brands: Simone Perele, Wacoal, B. tempt'd, Hugo Boss, Boss Black, Implicite, Crew Clothing, Ugg, One Piece, L'Agent, Marie Jo and Prima Donna. The promotional code entitles you, at the time of ordering, to a saving on a new order placed at Figleaves.com. It cannot be used against orders for gift cards, is only valid while stocks last and may be withdraw at any time. Only one promotional code can be used per order. Not valid in conjunction with any other promotions or offers, or on sale items or other discounted items. For full terms and conditions, go to Figleaves.com.





Christmas bash tomorrow, but not feeling in the best shape? We've got the fail-safe secrets to help you de-bloat in just one day

h, December. 'Tis the season for the inevitable slew of festive parties. You've bought the outfit and a bottle of fizz, but you're just not feeling confident in that killer new dress. We've all been there. To give you a helping hand, *Look* got the lowdown from Dr Michelle Storfer, top nutritionist and founder of Thefoodeffect.co.uk, to help you banish the bloat in just 24 hours...

The Day Before The Party

Miranda Kerr swears by dandelion tea first thing to wake up her digestive system. 'I decided to drink dandelion, as opposed to coffee, as it actually tastes quite similar,' the says

as it actually tastes quite similar,' she says. 'It's a natural diuretic,' adds Dr Storfer. 'It helps to shift water and reduce bloating.' Drink two to three cups the day before to flush out excess toxins.

212.30PM...TRY FERMENTED FOODS

Loaded with enzymes that actively break down food in your stomach, fermented dishes like sauerkraut are best eaten the day before. Give fermented kohlrabi (a type of cabbage) a try – it's rich in potassium to help regulate fluid levels. Move over, kale!

77PM... NOTHING RAW AFTER 4 (PM)

The night before, avoid munching on uncooked foods—even carrots and cucumber. 'Raw veg is hard to break down, which can lead to stomach pain and bloating,' says Dr Storfer. 'Steam, sautée or roast after 4pm for easier digestion.' Team with a lean protein, such as salmon, and add garlic or ginger to flavour.



From the box to the box office, here's what's rocking our world right now

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Yep, Christmas has come early ladies



#BOOKS

Cocktail Hour BECAUSE IT'S NOT A PARTY WITHOUT

A BRIGHTLY COLOURED DRINK, RIGHT? Spice up your party with Forager's Cocktails: Botanical Mixology With Fresh Ingredients (£9.99, Harper Collins, out 3 Dec) or add some Latin fever with Cuban Cocktails: 100 Classic And Modern Drinks (£16.44, Sterling, out 7 Dec).



Britain's Next Top Model Exclusive:

LUSIVE! EXCLUSIVE! EXCLUSIVE! EXCLUSIVE! EXCLUSIVE! EXCLUSIVE!

Meet The New

■ Luther, 15 December, BBC1, 9pm

THE MUST-WATCH SHOW **RETURNS TO LIFETIME, WITH** A SET OF NEWBIES VYING FOR THE BNTM CROWN

lessica . Workman

Jess, 20, has been taking amateur modelling jobs since she was 15 and says her fave model is Gisele Bündchen. Maybe Jess can take her place?

2 Jasmine Hodge Southampton-

born Jasmine, 18, is studying to be a journalist and has previously won Miss Hampshire Eco Queen.

⊃ Megan Brunell Fashion design student Megan, 20, has dealt with

family tragedy in her past but has used modelling as part of the healing process.

1 Jenna -McMahon

The scouser, 19, is a musical theatre student, so expect her to bring the iazz hands.

Lexi Kelly Lexi, 19, is a loudmouth who loves the gymwe hear she's very, very determined.

Hayley Dunne Awaitress when she's not studvina Enalish. Hayley, 20, lives

in Ireland and

describes herself as 'bubbly and talkative'.

Bethan Sowerby

Bethan, 19, has plans to be the Brit Gigi Hadid. We think it's possible.

Angel Cole OHaving been

bullied about her sexuality, Angel, 19, wants to be the first openly gay model on the show, paving the way for others.

Amreen Akhtar

Amreen, 22, worksfull-time in H&M but has ambitions of both modelling and being the next big fashion designer.

Charlotte Roffey

Afitness fanatic, Charlotte, 21, is from the New Forest in Hampshire, and runs her own nutrition business.

Georgia _Butler

Georgia, 19, got through to the final ten of a modelling comp before-thistime she's ready to go all the way.





SPOILER: THIS IS NO MR & MRS SMITH IT'S BRAD AND ANGE, BUT NOT AS YOU KNOW THEM. IT'S THE 70S, AND THE PAIR STAR AS AN UNHAPPILY MARRIED **COUPLE. WILL THEIR LAST-DITCH VACAY SAVE THEIR MARRIAGE? APPARENTLY** IT'S NOT BASED ON REAL LIFE. HMMM. ★★★ Out 11 December



FASHION FIX **QUICK, THERE ARE** STILL TICKETS FOR THE CLOTHES SHOW

The latest trends? Check. The hottest music? Check! Expect to spot Ella Eyre and Charli XCX as you browse.

From 4-8 December at the NEC Birmingham (Clothesshow.com)



) Jade Rogers Jade, 23, will give her family a shock-she hasn't told them she's on the show!

⊃ Alex)Needham She was kicked

out of school and herfamily home at 15 but now, aged 21, has turned her life around.

Chloe ⁺Keenan If it gets quiet,

Chloe, 22, can entertain the other girls with a spot of opera singing.

□ Billie Downes Billie. 20. cites her favourite designers as Karl Lagerfeld

and Victoria Beckham, and dreams of walking for them one day.

■ Britain's Next Top Model airs on Lifetime early 2016

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Your money will support our work to help save the snow leopard as well as other vital conservation projects

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Victoria's Secret Hits Our **TVScreens**

For the first time ever, the iconic Victoria's Secret show will be broadcast in the UK! With the most sought-after models rocking the world's hottes lingerie, it'll be quite the bash. Tune into 4Music on 8 December!



Clue up on all the Victoria's Secret goss at Look.co.uk/vs-show

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Fashion never sleeps and neither do we! For your 24/7 style fix, go to Look.co.uk and follow...

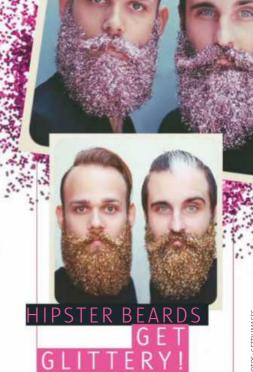




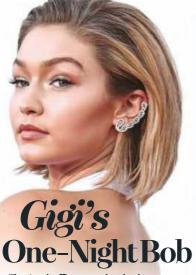








Beard fan or not, you've got to be impressed by these showstoppers. Yep, blokes are decorating their beards with glitter in time for Crimbo. The question is, would you let your man follow suit?



The Look office was shocked to spot Gigi Hadid with a bob at the AMAs. But it turns out the cut wasn't real. 'There are tricks of the trade,' Gigi said. 'Check tomorrow to see if I still have short hair.' Turns out her hairstylist, Bryce Scarlett, created a wig that he blended in with her short front layers. Clever!

Get short hair inspo at Look.co.uk/short-hair

Thetotal worth of the average woman's shoe collection, accordingto RiverIsland's niftynew wardrobe calculator. Somehow, we alwaysfindan excuse to treat ourselvesto another pair..





Soz, Taylor – there's a new girl squad we want in on. Yep, Jennifer Lawrence, Emma Stone and Adele got together for what will go down as the most amazing dinner date in history. This trio feels so right.

K-Stew's Chanel-Over

She's been a vampire and a rock star, but Kristen Stewart's latest role has to be her most stylish yet. Slipping into a bouclé suit and adorning herself with a string of pearls, she portrays Coco Chanel in the short film, Once And Forever, which has been directed by Karl Lagerfeld and will debut at Chanel's Métiers d'Art show in Rome on 1 December. Probably the chicest thing you'll watch this year.



LOOK Brush up on Kristen's evolving style at Look.co.uk/kristen



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